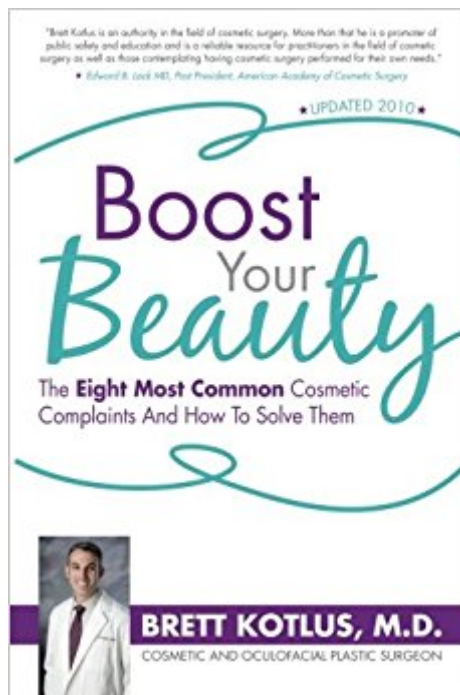




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Boost Your Beauty: The Eight Most Common Cosmetic Complaints And How To Solve Them



Synopsis

Boost Your Beauty deals with eight of the most common cosmetic concerns prospective cosmetic surgery patients have, and solutions for solving them. Dr. Kotlus offers sound, non-salesy advice to men and women considering cosmetic surgery. The book discusses topics such as choosing your doctor, prepping for the procedure, managing the overall experience, and healing safely. The book contains dozens of before and after photos that deal with all ages and body types for each procedure.

Book Information

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Customer Reviews

Brett Kotlus, M.D., M.S. is a cosmetic and oculofacial plastic surgeon, having completed two accredited fellowships in oculofacial plastic and cosmetic surgery. A respected publisher of numerous scientific articles, he has presented his research at national scientific conferences. Dr. Kotlus is also a national instructor in facelift and rhinoplasty surgery. Recently, Dr. Kotlus' teaching have taken him to Mongolia on a medical mission to instruct local doctors. In 2007, he was the first recipient of two Cosmetic Surgery Foundation research grants. Dr. Kotlus received his medical degree from the Sackler School of Medicine at Tel Aviv University. While completing his residency in Ophthalmology at the North Shore-Long Island Jewish Health System of the Albert Einstein College of Medicine in New York, he held the prestigious position of Chief Resident. He received his Master's degree in Genetics at the Pennsylvania State University.

Okay, this book is phenomenal! All the questions that I would have asked or any concerns I may have, are answered in this book! Although I got this book after my breast augmentation, this would have made my life so much easier to have this before hand! I spend countless months researching doctors and trying to get all my questions answered before I made my decision, and this book has it all! The awesome part is, I can refer to this regarding any procedures I may be looking into in the future. Dr. Kotlus, M.D. reviews the 8 most common cosmetic complaints and how to solve them; and what accreditation a doctor should have before making a decision. Includes large print and is simple and easy to read. The book is split into sections - information on the most common cosmetic complaints, statistics, pictures, Q&A's, and gives real patient stories! Dr. Kotlus, M.D. also gives a synopsis of information such as information on whether you are a good candidate and health concerns one may have. In each section there is a spot for notes and for what additional questions to ask. Large before and after pictures are included, which give a patient great insight on what types of changes to look forward too. This would be a great book to read before making any decisions and what to expect when seeing doctors for consults. Glossary and references are included! Realistic - Informational - A MUST HAVE! Thanks Dr. Kotlus!

I loved the book. I found it to be very user friendly. It's arranged according to the type of procedure you may be interested in such as facial, breast, unwanted fat ect. The before and after photos are fabulous, they look like real people and not edited. I also enjoyed how patients shared their experiences with me about their cosmetic procedure. I found it easier to come up with questions that I would want to ask my surgeon. There's even a dedicated area to write my questions and concerns. Working in the cosmetic field myself, I can say that I've learned new information that I didn't think of. It helped me feel more comfortable about making my decision about my cosmetic concerns. It's defiantly a referral I'd give to my family and friends before having a cosmetic procedure performed. Your body is important and you should have information available to you. There's even information given to you about what to expect after the cosmetic procedure. Thank you for such a great book!:)

This is a great book! I have been doing research on different procedures and this really helped me make my decision. In each section there is a spot for notes and for what questions to ask. I would highly recommend this book to anyone who is considering cosmetic procedures. It has wonderful reference pages as well as a glossary of medical terms. Sometimes doctors use words to describe procedures and you don't know what they mean. This explains everything out in plain and simple

text. It's an easy read and has several before and after photos for each procedure! I have had consultations by a few different doctors, this really helped me make my decision in what procedure was best for my concerns. Thank You Dr. Kotlus!

I really got a lot out of this book (I have read both the kindle version and book version)! I have "dabbled" with cosmetic stuff (botox and filler) and have been interested in other things, but I didn't really know what was out there. The book goes over how to choose a doctor, expected costs, various options depending on the results you want. I really like when it talks about 'will it hurt' and what will you look like right away (and other possible risks and side effects). The book is an easy read (fun!) and has tons of photos and quick facts. The stories about real patients help too and I really like the checklist at the end of the chapters. Great read!

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I am very pleased with this book. I have been considering cosmetic surgery for awhile now. This book explains how to choose a doctor and gives you an ideal cost. The book was very reader friendly and showed many before and after photos on real patients along with there stories!! Very pleased will reccommend!!

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